Wichita Metro Area
Narcotics Anonymous Meetings

Wichita Metro Area Service Committee (W.M.A.S.C.)
P.O. Box 1303 Wichita, KS 67201

Meeting list updated 1/14/2010 **Helpline: (316) 524-7775**

Sunday

9:00 a.m. Unity (N*) (M)
12:00 p.m. Unity (N*)
7:00 p.m. Just For Today (N)
7:00 p.m. NE HOW (B)
7:00 p.m. Unity (N*)
7:00 p.m. Sowing the Seed
8:30 p.m. Day by Day (CL) (N)
9:00 p.m. Unity (N*)

Monday

12:00 p.m. Unity (N*)
12:00 p.m. Sowing the Seed
6:00 p.m. We Admitted (N)
7:00 p.m. Traditional (N)
7:00 p.m. Unity (N*)
7:00 p.m. Sowing the Seed
8:30 p.m. Day by Day (N) (B)
9:00 p.m. Unity (N*) (C)

Tuesday

12:00 p.m. Unity (N*)
12:00 p.m. Just for Today
12:00 p.m. Sowing the Seed
6:30 p.m. Misery Is Optional
7:00 p.m. Day by Day (N)
7:00 p.m. Unity (N*) (C)
7:00 p.m. Traditional (N) (2nd SP) (Last BD)
7:00 p.m. Restore Us to Sanity
8:00 p.m. Just for Today (N)
8:30 p.m. Day by Day (CL)(N)
9:00 p.m. Unity (N*)

Wednesday

12:00 p.m. Unity (N*)
12:00 p.m. Sowing the Seed
5:30 p.m. Unity (N*) (B)
6:30 p.m. Day by Day (W) (N)
7:00 p.m. Unity (1st SP-C) (N*)
7:30 p.m. Hardcore
8:30 p.m. Day by Day (N)
9:00 p.m. Unity (N*)

Thursday

12:00 p.m. Unity (N*) (C)
2:00 p.m. We Admitted (N)
5:30 p.m. Unity (N*) (W)
7:00 p.m. Day by Day (N)
7:00 p.m. Unity (N*)
7:00 p.m. Restore Us to Sanity
7:00 p.m. Sowing the Seed
8:00 p.m. Just for Today (B) (N)
8:30 p.m. Day by Day (N)
9:00 p.m. Unity (N*)

Friday

12:00 p.m. Unity (N*)
12:00 p.m. Sowing the Seed
6:30 p.m. Misery Is Optional
7:00 p.m. Day by Day (N)
7:00 p.m. Unity (N*) (CL)
7:00 p.m. Sowing the Seed
8:00 p.m. NE HOW
8:30 p.m. Day by Day (N) (1st BD) (Last SP)
9:00 p.m. Unity (N*) (CL)

Saturday

8:00 a.m. Living the Program (N)(M)
12:00 p.m. Unity (N*) (Last BD)
12:00 p.m. Sowing the Seed
7:00 p.m. Unity (N*) (Last BD)
8:00 p.m. Just for Today(2nd SP)(3rd BD) (4th CL)
8:30 p.m. Day by Day (N)
9:00 p.m. Unity (N*) (B) (Last BD)
12:00 a.m. Day by Day (N)

City/Town	Group Name and Address
Wichita	**Day by Day** - 1145 S. Pattie
	Hardcore - 120 N. Ash
	Living the Program - 8007 W. Maple
	NE H.O.W. - 530 Cleveland
	Unity - 918 W. 2nd St
Augusta	**Just for Today** - 501 1/2 State St, Augusta
Derby	**We Admitted** - 431 S. Woodlawn (Room 14E), Derby
Haysville	**Traditional** - 7465 S. Meridian, Haysville
El Dorado	**Misery Is Optional** - 2405 W. Central, El Dorado
Wellington	**Restore Us to Sanity** - 324 N. Washington, Wellington
Winfield	**Sowing the Seed** - (7th and Harter), Winfield

All meetings are open to all, unless indicated as closed. C=Closed (meeting for addicts only).
N=Non-Smoking, Y=Young People, B=Book study, S=Step study, SP=Speaker, CL=Candlelight, W=Women's, M=Men's, T=Tradition study, BD=Birthday night, *=Smoking room available

Visit us online @ www.wmana.org